

Comparación dos métodos anticonceptivos segundo a súa efectividade

< 1 embarazo por cada 100 mulleres durante un ano	Implante	DIU	Esterilización masculina	Esterilización feminina		
	0.05%	Cobre 0.2% Jaydess® 0.4% Mirena® 0.2%	0.15%	0.5%		
6-10 embarazos por cada 100 mulleres durante un ano	Inyectable	Pílula	Parche	Anel	Diafragma	
	6%	9%	9%	9%	12%	
≥ 18 embarazos por cada 100 mulleres durante un ano	Preservativo masculino	Preservativo feminino	Coito interrompido	Esponxa vaxinal	Métodos naturais	Espermicida
	18%	21%	22%	-Parto vaxinal previo 24% -Sen parto previo 12%	24%	28%

Referencias:

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